

The Directions Song

Are you ready?

Chorus:

Jump to the left,
Jump to the right,
Jump forward,
And jump back.

Jump to the left,
Jump to the right,
Jump forward,
And jump back.



Verse 1:

Turn around and touch the ground,
Turn to the left and turn to the right.
Turn around and touch the ground,
Turn to the left and turn to the right.



Chorus

Verse 2:

Sit down and stand up,
Jump up and down and clap your hands.
Sit down and stand up,
Jump up and down and clap your hands.



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Are you ready?

Chorus:

Jump to the left,
Jump to the right,
Jump forward,
And jump back.

Jump to the left,
Jump to the right,
Jump forward,
And jump back.



Verse 1:

Turn around and touch the ground,
Turn to the left and turn to the right.
Turn around and touch the ground,
Turn to the left and turn to the right.



Chorus

Verse 2:

Sit down and stand up,
Jump up and down and clap your hands.
Sit down and stand up,
Jump up and down and clap your hands.

